



An American Female Executive's TRUSTCard® Successes

I was introduced to TheTRUSTCard® almost 2 years ago (2011) and I have been using it daily ever since. Since I have, my life has improved more than I could have ever imagined. At first, I used it only whenever I felt stressed out about something; and it helped me get through the (worst) issues that were getting the better of me. Over time, I began using it, completely, as recommended on TheTRUSTCard® itself: e.g., 3 times a day when I am not under stress. What I have noticed since I expanded my use is that I've felt (even) better than I had in a long time; better than my prior, more sporadic use of The Card had produced. The beauty about TheTRUSTCard® is that you can feel better whenever you want to, just by pulling it out and using it "Until You Smile", exactly as TheTRUSTCard® directs.

On a more objective level, anyone in business while caring for a family knows how stressful making any big decision can be. This can be anything from which new (used or pre-owned) car to buy to what is best for your child, yourself, etc., and (at work) who to hire, who to fire and which promotion to seek and/or in which job to remain.

Whenever I use TheTRUSTCard® before I make a (big) decision, it still amazes me how it clears out any over-thought or over-emotional concern or worry I may have about the decision while at the same time helping me to identify the most important factors; then I make what time after time, proves to be the right decision. Because I don't have stress and anxiety influencing when and what I decide anymore, I take bold steps in the right direction without procrastinating and because of that, I know I have made better decisions than I used to before I had The Card. Having used it as many times as I have, even if one is not physically handy, (I can now easily do the Exercise in my head), I still make much better decisions than before; therefore I am stating here that it has permanently improved my decision-making skills through its use - and my results prove that emphatically. Even my colleagues comment!

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Researchers and experts say that tired executives are far more prone to make mistakes (e.g., bad decisions) than those who get a good night's sleep. Fatigue can cause tired (single) moms to "over-parent" or "under-parent". I can't afford to do either in my life.

Therefore, as The Card recommends, I always use it as soon as I open my eyes in the morning. It gives me a positive outlook for the day. Before using it this way, I had days where I woke up and thought, "another day of the same grind" and had a negative outlook all day.

Ever since (for quite a long time now) I have been using The Card first thing in the morning, I feel like the day I am about to tackle is going to be fine and all the things I have to do in the limited time I have available will get done! I can handle my workload ... at home and work without being stressed out all day. No more emotional baggage!

I also use TheTRUSTCard® right before bed and this helps me sleep soundly. Before doing this, I'd always had (for years) very bad insomnia, but now I doze off right away. Using TheTRUSTCard® before bed, clears my head of anything I am over-thinking, and any persistent anxieties I might have about the next day (which used to keep my mind racing all night and prevented me from falling asleep). I don't speak for Interperson, Inc. but anyone who has insomnia, I can guarantee ... The TRUSTCard® will solve insomnia for you plus help everything else above. 2



T.A.,
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