

How TheTRUSTCard®¹ Has Helped My Son

My name is Brad. My son is Seth, he is 11 and in the 5th grade. He has had seizures since he was two years old.

Because of these seizures he has a hard time with learning the way other kids do. The doctors tell us that they are not able to operate because the seizures originate on both sides of the brain. This also disrupts some of the neurological pathways between different parts of the brain. What this means for him is he has to find alternative ways to learn some things. For example, if he reads a passage and understands it, by the time he gets the pen to the paper to summarize he absolutely cannot get it the way other kids can.

In the past year after working with the doctors, teachers and tutors we have found that he can find other indirect pathways to learning. By this I mean using audio and visual tools and different memorizing techniques to bridge the broken pathways in his brain. What this means for us is, what would take a normal brain to learn something takes him double the effort and time. So needless to say, this is very frustrating for him. The discipline it takes to keep this extra level of study up for an eleven-year-old is very taxing day after day.

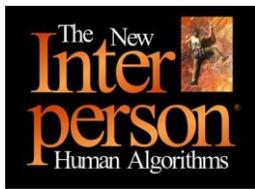


When he hits his threshold, he pushes back. This past year has been hard on the family. It seems we are arguing more than we are studying. He wants to do good, but he is truly exhausted mentally and emotionally on most days. It's like his mind gets scrambled and when this happens, he is DONE.

So, then I got TheTRUSTCard® from a friend, the Card's inventor in fact, that had a bunch of numbers on it. After reading it I understood the concept but didn't give it much thought. I think TheTRUSTCard® hung out in the car for the longest time.

Well, we were on our way out of town and Seth had homework he was behind on and needed to finish before we started our holiday. He was fighting us the whole way. He had a bad attitude and was about to push himself into serious punishment. Everyone was upset and angry.

¹ The TRUSTCard® (a U.S. Patented Product) is Single-Digit Addition, Subtraction and Multiplication Math Equations (without answers), including Proprietary Directions for use, printed on an 8x3 inch Laminated Card; similar in size and form to a bookmark. Use of The Card prompts a Behavioral Change in response to Stressors (any Person, Event, Experience that causes Stress). This has been reported by Card Users to change the Brain Chemistry of Stress to the Brain Chemistry of Trust, in very often as little as 30 seconds, rarely longer than 3 minutes, to bring about a noticeable, stable and eventually lasting improvement in Happiness, Mood, Attention, Focus and Behavior.



So, I grabbed TheTRUSTCard® (it had fallen to the floorboard) and dusted it off and started having him do the simple equations [see the footnote above]. Backwards and forwards, with correct answers and incorrect answers, and really fast and then really slow. I never explained why to him. I just asked him to "humor me". Both he and my wife thought I lost my mind.

But they did not notice what I noticed.

The atmosphere in the car was all of a sudden no longer hostile. After the tension broke, he was ready to try his homework again.

So, after giving TheTRUSTCard® a go in multiple situations, I've seen several things worth mentioning ...

It is a reset tool for us. Just when Seth is at the point of hitting a wall, we will do the numbers.

Sometimes it works better than others.

Also, it has worked with situations outside of his studying.

For one example, he has come home upset about an altercation with friends with hurt feelings and into a full out meltdown. We get TheTRUSTCard® off the refrigerator, use it and add in some breathing exercises. After he calms down, he is able to discuss his issues without the crazy emotions that we started with.

It takes a bit of practice, but I see where after continuous use of these techniques, it can be key to his development into adulthood.

Now I know from all the brain doctors and special tutoring we have dealt with that you can trick the brain into taking different pathways and get positive results, but those methods are long and tedious at best.

The positive effect of TheTRUSTCard® happens in minutes. I am interested in what else is possible with these kinds of techniques.

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